



DR. STEPHEN POST Raising Healthier, Happier Children Why Kindness Matters

SUNDAY, APRIL 7, 2019 • 7 PM • MANDEL JCC

Dr. Stephen Post, author of *Why Good Things Happen to Good People*, discusses how to best raise a generation of caring, happy and successful children. Learn the science behind why it's important for children to develop compassion and kindness. Leave with new insights and practical suggestions.

For: Parents, Guardians, Educators and Youth Professionals

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| WHAT | A community presentation for adults. <i>Light refreshments served</i> |
| WHEN | Sunday, April 7, 2019 • 7 pm |
| WHERE | Mandel JCC Stonehill Auditorium 26001 South Woodland Road, Beachwood |
| FREE | Open to the public. Limited seating – advanced registration encouraged. |

To Register: www.kindnessevent.eventbrite.com

For info: visit www.senderspeditrics.com or contact Joan Morgenstern at (216) 291-9424, ext 153 • JMorgenstern@senderspeditrics.com



Join us for the family event at 1 pm for families with children ages 6-12.

Presentation • Crafts
Family Activities



Kindness Day is made possible by a grant from:

