

EMERGING TOOLS FOR INNOVATIVE PROVIDERS 2015: SPIRITUAL TRANSFORMATION IMPACT AND OUTCOMES

Monday, July 27, 2015—Day 1

Making Spirituality and Health Research Applications Work for Caregivers

TIME	TOPIC	SPEAKER
7:30-8:00	Registration	All
8:00-8:15	Welcome, Introductions, and Logistics	Alexis D. Abernethy, PhD, CGP, FAGPA and the Fuller Team
8:15-8:20	Meditative Moment	All
8:20-8:40	Conference Overview: The Challenge and Opportunity	Harold G. Koenig, MD, MHSc
8:40-10:00	Toward Spiritual Care Interventions in Support of Transformational Experience	Stephen G. Post, PhD
10:00-10:15	Break	All
10:15-11:45	Toward Spiritual Care Interventions in Support of Transformational Experience (Continued)	Stephen G. Post, PhD
11:45-12:00	Description of Work Groups	Bruce Nelson, MA, Sheryl Tyson, PhD, RN, PMHCNS, and the Conference Committee
12:00-1:30	Lunch: Forming Working Groups	All
1:30-2:45	Toward Spiritual Care Interventions in Support of Transformational Experience (Continued)	Group Discussion: Stephen G. Post, PhD and Harold G. Koenig, MD, MHSc
2:45-3:00	Break	All
3:00-3:15	Mentors and Work Groups Connect—Mentors help participants start work groups where they explore and develop applications from spirituality and health research for particular populations (Youth, patients, cultures, etc.)	Harold G. Koenig, MD, MHSc, Alexis D. Abernethy, PhD, CGP, FAGPA, Bruce Nelson, MA, Douglas C. Nies, PhD, Sheryl Tyson, PhD, RN, PMHCNS, and Lee S. Berk, DrPH, MPH, FACSM, FAAIM, CHES, CLS
3:15-5:00	Work Groups: Developing Spiritual Care Applications—Population(s) to be served? Resources needed? Interdisciplinary strategies? Questions? Mentors will rotate between groups	Mentored Work Session

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Tuesday, July 28, 2015—Day 2
How Does Spiritual Care Become an Intervention?

TIME	TOPIC	SPEAKER
8:00-8:10	Welcome and Meditative Moment	All
8:10-8:30	Overview for the Day	Harold G. Koenig, MD, MHSc
8:30-9:45	The Physiology of Transformational Experience	Steven W. Cole, PhD
9:45-10:00	Break	All
10:00-11:30	The Physiology of Transformational Experience (Continued)	Steven W. Cole, PhD
11:30-12:00	Work Groups Discussion	All
12:00-1:30	Lunch	All
1:30-2:45	Realizing the Promise of Spiritual Care Transformational Experience	Group Discussion: Peter C. Hill, PhD and Harold G. Koenig, MD, MHSc
2:45-3:00	Break	All
3:00-5:00	Work Groups: Developing Spiritual Care Applications (Continued)	Mentored Work Session

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Wednesday, July 29, 2015—Day 3
Translating Spiritual Care into Clinical Best Practices

TIME	TOPIC	SPEAKER
8:00-8:10	Welcome and Meditative Moment	All
8:10-8:20	Overview for the Day	Harold G. Koenig, MD, MHSc
8:20-9:45	Spiritual Care Assessment and Intervention for Transformational Experience	Harold G. Koenig, MD, MHSc
9:45-10:00	Break	All
10:00-10:30	Integrated Spiritual Care Assessment—Applications for Clinicians and Caregivers	Harold G. Koenig, MD, MHSc
10:30-11:45	Practicing Spiritual Care Assessment and Interventions—Medical Actors	Douglas C. Nies, PhD
11:45-12:00	Work Group Discussion	All
12:00-1:00	Lunch	All
1:00-2:45	Practicing Spiritual Care Assessments and Interventions—Medical Actors (Continued)	Douglas C. Nies, PhD
2:45-3:00	Break	All
3:00-4:15	Practicing Spiritual Care Assessments—Medical Actors Summary Insights and Conclusions (Continued)	Douglas C. Nies, PhD
4:15-5:00	Work Groups: Developing Spiritual Care Applications (Continued)	Mentored Work Session

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Thursday, July 30, 2015—Day 4

Aligning Interventions and Practice with Spirituality and Health Research Designs

TIME	TOPIC	SPEAKER
8:00-8:10	Welcome and Meditative Moment	All
8:10-8:30	Overview for the Day: Are You an Informal Researcher?	Harold G. Koenig, MD, MHSc
8:30-9:45	Take the Next Step: Practical Research that Emerges from Caregiving and Clinical Practices	Robert A. Emmons, PhD
9:45-10:00	Break	All
10:00-11:30	Take the Next Step: Practical Research that Emerges from Caregiving and Clinical Practices (Continued)	Robert A. Emmons, PhD
11:30-12:00	Work Group Discussion	All
12:00-1:30	Lunch	All
1:30-2:45	Research Designs and Applications for Physicians, Nurses, Counselors, Chaplains, and Other Caregivers	Harold G. Koenig, MD, MHSc
2:45-3:00	Break	All
3:00-5:00	Work Groups: Developing Spiritual Care Applications (Continued)	Mentored Work Session

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Friday, July 31, 2015—Day 5

Envisioning the Interdisciplinary Future of Spirituality and Health

TIME	TOPIC	SPEAKER
8:00-8:10	Welcome and Meditative Moment	All
8:10-8:30	Overview for the Day	Harold G. Koenig, MD, MHSc
8:30-9:30	The Emerging Vision: Building the Tool Set and Designing Practical Applications in Spirituality and Health, Including Assessment, Immediate Impact, and Transformational Experience	Alexis D. Abernethy, PhD, CGP, FAGPA, Lee S. Berk, DrPH, MPH, FACSM, FAAIM, CHES, CLS, Harold G. Koenig, MD, MHSc, Bruce Nelson, MA, Douglas C. Nies, PhD, and Sheryl Tyson, PhD, RN, PMHCNS
9:30-9:45	Break	All
9:45-11:30	Work Group Presentations: Practical Solutions	Groups
11:30-1:00	Lunch	All
1:00-2:10	Work Group Presentations: Practical Solutions (Continued)	Groups
2:10-2:30	Next Steps, Networking, Planning, and Evaluation	All
2:30-3:30	Open Discussion	All